

SNACK RECIPES

FRUIT SMOOTHIE



Directions

Puree 1 cup vanilla yogurt, 1 cup frozen strawberries, 1 frozen or fresh banana and $\frac{1}{4}$ cup orange juice in a blender until smooth.

Curry Potato Chips



Directions

Preheat 2 baking sheets in a 425 degrees F oven. Toss thinly sliced Russet potatoes with olive oil, salt and curry powder. Spread on the hot baking sheets and bake 10 minutes.

PITA NACHOS



Directions

Split a whole wheat pita into two rounds, then cut into wedges. Broil until golden, then sprinkle with grated cheddar cheese and salsa and broil until the cheese melts. Top with sliced scallions.

Pepperoni Pizza Bread



Halve a small loaf of Italian bread horizontally and toast under the broiler. Brush with olive oil, then top with tomato sauce, grated mozzarella, parmesan and sliced pepperoni. Broil until bubbly. Sprinkle with dried oregano.

CRACKERWICHES



Directions

Spread peanut butter on saltines. Top with thin strawberry slices. Drizzle with honey and top each with another saltine cracker.